

LifeSolutions

Tips for finding alternative childcare



The biggest challenge for all working families is fast becoming alternate childcare solutions due to the spread of COVID-19. Whether you are trying to juggle childcare while working from home or you are an essential employee who must report to work, we offer the following ideas for finding new sources of childcare:

Reach out to your childcare provider. If your child was in a daycare or after-school program that is now closed, you may be able to privately hire a teacher or caregiver to come to your home. This is a great option because these caretakers have been pre-screened, trained, and had a previous relationship with your child.

Contact local high schools or college students who may be looking for work. Many high school and college students are home with free time and a desire to work. You may consider reaching out to see if any of them have experience working with children and are available to watch your child at your home.

Collaborate with neighbors and other parents. In times like these, working together as a community is more important than ever. Perhaps there is a small group of families who may want to develop a rotating schedule for childcare. Not only does this help entertain your child(ren), it allows parents to work with fewer distractions.

Search local online groups. Most towns and communities have local “Moms” or “Parents” groups through social media platforms like Facebook. Joining these groups can provide you access to post a question and read ideas and opinions of others. Individuals will often use these groups to network, gather advice and help locate resources. If you need childcare, you may find that someone in your area knows of a resource they can recommend.

Reach out to your religious or spiritual community. Turning to your church, synagogue, or mosque during a time of need can be very helpful. This may be a community that can offer temporary childcare, advice on your current situation or an opportunity to connect with a helpful resource.

Visit your school district's facebook page for information and updates related to your school district.

Other Resources

If you are looking for resources to help keep your children busy while they are out of school, consider the following resources:

[Homefires](#): The Journal of Homeschooling Online

[Scholastic](#) is offering free online courses. These courses provide approximately three hours of learning per day, including writing and research projects, virtual field trips and geography challenges. The website is accessible on any device that has internet and no sign up is required. It is for children Pre-K to 6th grade and higher.

[Google Arts and Culture](#) has teamed up with 2500 museums and galleries to offer virtual tours and experiences without leaving your home.

LifeSolutions is here to help

You can access a wealth of information on our website, www.lifesolutionsforyou.com or call us at **1-844-833-0527 (TTY: 711)**.

Source: KGA, Inc.