

WEEK 3

September 20-26th, 2020

MENU



vincenzian

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST Choice of Juice Choice of Cereal Oatmeal Breakfast Scramble	BREAKFAST Choice of Juice Choice of Cereal Cream of Wheat Apple Raisin Crepes	BREAKFAST Choice of Juice Choice of Cereal Grits Yogurt Parfait w/Granola and Fresh Berries	BREAKFAST Choice of Juice Choice of Cereal Oatmeal Slice of Spinach & Feta Quiche	BREAKFAST Choice of Juice Choice of Cereal Cream of Wheat Lox & Bagel	BREAKFAST Choice of Juice Choice of Cereal Grits Egg-Stuffed Peppers	BREAKFAST Choice of Juice Choice of Cereal Oatmeal Giant Morning Glory Muffin
LUNCH Tomato Basil Rice Soup Spinach Dinner Salad or Beef & Lamb Gyro Cucumber Salad Roasted Potatoes Pound Cake	LUNCH Black Bean Soup Pineapple-Glazed Tilapia or Waldorf Chicken Salad Wrap ½ Baked Potato Butternut Squash Walnut Brownie	LUNCH Beef Barley Soup Chicken Sausage Hoagie or Black Bean Burger Sautéed Onions & Peppers Macaroni Salad Fresh Fruit Cup	LUNCH Wonton Soup Sweet & Sour Pork or Chef's Signature Dinner Salad Veggie Chow Mein Lemon Bar	LUNCH Lentil Soup Cheese & Broccoli Strata or Chicken Pot Pie Steamed Asparagus Hawaiian Roll Homemade Granola Bar	LUNCH Smoked Pepper & Gouda Soup Fish Tacos or Turkey Meatloaf Potato Wedges Sautéed Spinach Spice Cake	LUNCH Minestrone Soup Chicken Piccata or Turkey Chili Bowl w/Cornbread Roasted Brussels Sprouts Basil Angel Hair Pasta Cherry Pie
DINNER Curry Chicken or Arugula and Mushroom Dinner Salad Long Grain & Wild Rice Steamed Baby Carrots White Chocolate Cookie	DINNER Steak Pizzaiola or Chicken Verde Sandwich Mushroom Risotto Pesto Yellow Squash Ice Cream Cone	DINNER Pork Marbella or Tuna "Boat" Scalloped Potatoes Fresh Green Beans Sherbet Cup	DINNER Chicken Parmesan Hoagie or Tortellini Parma Rosa Potato Salad Mini Wedge Salad Mandarin Oranges	DINNER Rice Noodle & Veggie Stir Fry or Loaded Stuffed Baked Potato Sugar Snap Peas Mini Ice Cream Sundae	DINNER Pepperoni Flatbread Pizza or Chicken Salad in Roasted Tomato Couscous Salad Steamed Zucchini Italian Ice	DINNER BBQ Ribs or Greek Dinner Salad Macaroni & Cheese Seasoned Peas Blackberries in Cream