

WEEK 3

October 17th-23rd, 2021



MENU



vincenzian

Milk, fruit, juice, and bread or dinner rolls are available at all meals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Pancakes Syrup	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Breakfast Casserole <i>Includes egg, sausage, and cheese</i>	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Yogurt Parfait w/ Granola and Fresh Berries	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Biscuits & Gravy	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Frittatas & Hash browns	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Blueberry Muffin	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Scrambled Egg Plate
LUNCH Potato Chowder Egg Salad Sandwich or Beef Broccoli Stir Fry Basmati Rice Pickled Beets Chocolate Chip Cookie	LUNCH Smoked Pepper & Gouda Soup Breaded pork Or Waldorf Chicken Salad Sandwich Mushroom Risotto Steamed Asparagus Brownie Or Fruit Cup	LUNCH Vegetable Barley Soup Beef Pot Pie or Cobb Dinner Salad Roasted Pimentos & Green Beans Buttermilk Biscuit Fresh Fruit Cup	LUNCH Tomato Bisque Three Grilled Cheese or Grilled Salmon Side Caesar Salad Butternut Squash Lemon Bar	LUNCH Cauliflower Cheddar Soup Turkey Meatball Hoagie or Grilled Huli Huli Chicken <i>Sweet-glazed grilled chicken breast</i> Pasta Salad Brussels Sprouts Mini Ice Cream or fruit cup	LUNCH Manhattan Clam Chowder Shrimp Scampi <i>Buttery angel hair pasta with shrimp</i> Or Stuffed Cabbage Zucchini Medley Potato Salad Italian Ice	LUNCH Wedding Soup Chicken Tenders or Chili Bowl w/ Cornbread Onion Rings Cole Slaw 'Nilla Wafers & Pudding or fruit cup
DINNER Loaded Stuffed Baked Potato Or Sliced Turkey w/ gravy and stuffing Honey Baked Carrots Hawaiian Roll Apple Pie	DINNER Hamburger with Swiss or Sweet & Sour Chicken Parsley Butter Noodles Sugar Snap Peas Ice Cream Cone	DINNER BBQ Ham sandwich or Meatloaf Mashed Red Potatoes Seasoned Peas Sherbet Cup	DINNER Beef Tacos or Baked Ziti Spanish Rice Italian Blend Vegetables White Chocolate Cookie	DINNER Orange Chicken or Warm Pastrami & Swiss Sandwich on Rye Veggie Fried Rice Sautéed Asparagus & Mushrooms Mandarin Oranges	DINNER Crab Salad served on a roll or Chicken Cordon Bleu Caprese Salad Creamed Corn Nutella Roll or fruit cup	DINNER Sliced Prime Rib or Hot Dog Greek Side Salad Mixed Veggies Blackberry Pie