

WEEK 1

November 28th - Dec 4th, 2021



MENU



vincentian

Milk, fruit, juice, and bread or dinner rolls are available at all meals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Individual Frittata <i>Baked egg, pepper, and cheese soufflé</i>	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Homemade Banana Bread	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Breakfast Croissant Sandwich <i>Made w/ egg and cheese</i>	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Cinnamon Roll	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Scrambled Eggs w/ Sausage	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Chocolate Chip Muffin	BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Scrambled Eggs Benedict <i>Traditional eggs benedict with scrambled eggs on top</i>
LUNCH Wedding Soup Spaghetti w/ Meat Sauce or Chicken Salad Plate w/ crackers Green Beans Breadstick Fresh Fruit Cup	LUNCH Chicken n' Rice Tuna Noodle Casserole Or Pizza Burger <i>Pizza sauce and mozzarella on a cheese burger</i> Onion Rings Honey Carrots Cheesecake or Fruit Cup	LUNCH Pasta Fagioli Soup Sloppy Joe or Turkey Salad w/ side of Mango Salsa Baked Plantains Malibu Blend Pineapple	LUNCH Chili Bowl Spinach Ravioli or Southwest Chicken Steamed Asparagus Caesar Side Salad Choco Tacos or Fruit Cup	LUNCH Cream of Chicken Soup Ham and Potato Casserole or Country Fried Steak w/ Gravy Sauteed Squash Buttermilk Biscuit Lemon Pie	LUNCH Split Pea w/ Ham Soup Firecracker Shrimp or Grilled Italian Sausage Sandwich Potato Wedges Cole Slaw Italian Ice	LUNCH Cream of Asparagus Soup BBQ Pulled Pork & Slaw Sliders on Hawaiian Bun or Chicken, Rice, & Roasted Veggie Bowl <i>Red onion, green & yellow peppers, served over wild rice</i> Sweet Potato Fries Broccoli Salad Mini Ice Cream or Mandarin Oranges
DINNER Lemon Pepper Tilapia or Baked Chicken w/ Mushroom Sauce Steamed Broccoli Roasted Red Potatoes Orange Dream Bar	DINNER Chicken a la King or Stuffed Pepper Mashed Potatoes Sweet Peas Chocolate Chip Cookies	DINNER Glazed Ham or Chef Dinner Salad ½ Baked Potato Cauliflower Au Gratin Apple Cobbler	DINNER Orange Chicken or Open-face Turkey Sandwich Veggie Lo Mein Mixed Vegetables Fresh Baked Cookies	DINNER Meatloaf or Crispy Fish Po Boy Sandwich Mashed Potatoes Brussels Sprouts Tapioca Pudding or Fruit Cup	DINNER Shepherd's Pie or Cheese Lasagna Beets Diced Pears	DINNER Three Bean Chili or Deli Roast Beef Sandwich Super-sweet Corn Cornbread Churros