

WEEK 3

January 9th- 15th, 2022



MENU



vincenzian

Milk, fruit, juice, and bread or dinner rolls are available at all meals.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Pancakes Syrup | BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Breakfast Casserole <i>Includes egg, sausage, and cheese</i> | BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Yogurt Parfait w/ Granola and Fresh Berries | BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the day: Biscuits & Gravy | BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Frittatas & Hash browns | BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Blueberry Muffin | BREAKFAST <u>Available daily:</u> Choice of Fruit or Fruit Juice Hot or Cold Cereal Toast/Scrambled Eggs Item of the Day: Scrambled Egg Plate |
| LUNCH Potato Chowder Egg Salad Sandwich or Beef Broccoli Stir Fry Basmati Rice Pickled Beets Chocolate Chip Cookie | LUNCH Smoked Pepper & Gouda Soup Breaded pork Or Waldorf Chicken Salad Sandwich Mushroom Risotto Steamed Asparagus Brownie Or Fruit Cup | LUNCH Vegetable Barley Soup Beef Pot Pie or Cobb Dinner Salad Roasted Pimentos & Green Beans Buttermilk Biscuit Fresh Fruit Cup | LUNCH Tomato Bisque Three Grilled Cheese or Grilled Salmon Side Caesar Salad Butternut Squash Lemon Bar | LUNCH Cauliflower Cheddar Soup Turkey Meatball Hoagie or Grilled Huli Huli Chicken <i>Sweet-glazed grilled chicken breast</i> Pasta Salad Brussels Sprouts Mini Ice Cream or fruit cup | LUNCH Manhattan Clam Chowder Shrimp Scampi <i>Buttery angel hair pasta with shrimp</i> Or Stuffed Cabbage Zucchini Medley Potato Salad Italian Ice | LUNCH Wedding Soup Chicken Tenders or Chili Bowl w/ Cornbread Onion Rings Cole Slaw 'Nilla Wafers & Pudding or fruit cup |
| DINNER Vegetable Lasagna Or Sliced Turkey w/ gravy and stuffing Honey Baked Carrots Hawaiian Roll Apple Pie | DINNER Hamburger with Swiss or Sweet & Sour Chicken Parsley Butter Noodles Sugar Snap Peas Ice Cream Cone | DINNER BBQ Ham sandwich or Meatloaf Mashed Red Potatoes Seasoned Peas Sherbet Cup | DINNER Beef Tacos or Baked Ziti Spanish Rice Italian Blend Vegetables White Chocolate Cookie | DINNER Orange Chicken or Warm Pastrami & Swiss Sandwich on Rye Veggie Fried Rice Sautéed Asparagus & Mushrooms Mandarin Oranges | DINNER Crab Salad served on a roll or Chicken Cordon Bleu Caprese Salad Creamed Corn Nutella Roll or fruit cup | DINNER Sliced Prime Rib or Hot Dog Greek Side Salad Mixed Veggies Blackberry Pie |