

# WEEK 1

Aug. 7<sup>th</sup> – Aug 13<sup>th</sup>, 2022



# MENU



vincenzian

*Milk, fruit, juice, and bread or dinner rolls are available at all meals.*

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|--|---|--|---|---|---|--|
| <p><b>BREAKFAST</b><br/><u>Available daily:</u><br/>Choice of<br/>Fruit or Fruit Juice<br/>Hot or Cold Cereal<br/>Toast/Scrambled Eggs<br/>Item of the day:<br/>Individual Frittata<br/><i>Baked egg, pepper, and<br/>cheese soufflé</i></p> | <p><b>BREAKFAST</b><br/><u>Available daily:</u><br/>Choice of<br/>Fruit or Fruit Juice<br/>Hot or Cold Cereal<br/>Toast/Scrambled Eggs<br/>Item of the day:<br/>Homemade Banana<br/>Bread</p>   | <p><b>BREAKFAST</b><br/><u>Available daily:</u><br/>Choice of<br/>Fruit or Fruit Juice<br/>Hot or Cold Cereal<br/>Toast/Scrambled Eggs<br/>Item of the day:<br/>Breakfast Croissant<br/>Sandwich<br/><i>Made w/ egg and cheese</i></p> | <p><b>BREAKFAST</b><br/><u>Available daily:</u><br/>Choice of<br/>Fruit or Fruit Juice<br/>Hot or Cold Cereal<br/>Toast/Scrambled Eggs<br/>Item of the day:<br/>Cinnamon Roll</p>                 | <p><b>BREAKFAST</b><br/><u>Available daily:</u><br/>Choice of<br/>Fruit or Fruit Juice<br/>Hot or Cold Cereal<br/>Toast/Scrambled Eggs<br/>Item of the Day:<br/>Scrambled Eggs w/<br/>Sausage</p>                       | <p><b>BREAKFAST</b><br/><u>Available daily:</u><br/>Choice of<br/>Fruit or Fruit Juice<br/>Hot or Cold Cereal<br/>Toast/Scrambled Eggs<br/>Item of the Day:<br/>Chocolate Chip Muffin</p>                 | <p><b>BREAKFAST</b><br/><u>Available daily:</u><br/>Choice of<br/>Fruit or Fruit Juice<br/>Hot or Cold Cereal<br/>Toast/Scrambled Eggs<br/>Item of the Day:<br/>Scrambled Eggs Benedict<br/><i>Traditional eggs benedict<br/>with scrambled eggs on top</i></p>  |
| <p><b>LUNCH</b></p> <p>Wedding Soup</p> <p>Spaghetti w/ Meat Sauce<br/><b>or</b><br/>Chicken Salad Plate w/<br/>crackers</p> <p><b>Green Beans</b><br/><b>Breadstick</b><br/><b>Fresh Fruit Cup</b></p>                                      | <p><b>LUNCH</b></p> <p>Chicken n' Rice</p> <p>Tuna Noodle Casserole<br/><b>Or</b><br/>Pizza Burger<br/><i>Pizza sauce and<br/>mozzarella on a cheese<br/>burger</i></p> <p><b>Onion Rings</b><br/><b>Honey Carrots</b><br/><b>Cheesecake or Fruit Cup</b></p> | <p><b>LUNCH</b></p> <p>Pasta Fagioli Soup</p> <p>Sloppy Joe<br/><b>or</b><br/>Turkey Salad w/ side of<br/>Mango Salsa</p> <p><b>Baked Plantains</b><br/><b>Malibu Blend</b><br/><b>Pineapple</b></p>                                   | <p><b>LUNCH</b></p> <p>Chili Bowl</p> <p>Spinach Ravioli<br/><b>or</b><br/>Southwest Chicken</p> <p><b>Steamed Asparagus</b><br/><b>Caesar Side Salad</b><br/><b>Choco Tacos or Fruit Cup</b></p> | <p><b>LUNCH</b></p> <p>Cream of Chicken Soup</p> <p>Ham and Potato<br/>Casserole<br/><b>or</b><br/>Country Fried Steak w/<br/>Gravy</p> <p><b>Sauteed Squash</b><br/><b>Buttermilk Biscuit</b><br/><b>Lemon Pie</b></p> | <p><b>LUNCH</b></p> <p>Split Pea w/ Ham Soup</p> <p>Firecracker Shrimp<br/><b>or</b><br/>Grilled Italian Sausage<br/>Sandwich</p> <p><b>Potato Wedges</b><br/><b>Cole Slaw</b><br/><b>Italian Ice</b></p> | <p><b>LUNCH</b></p> <p>Cream of Asparagus Soup</p> <p>BBQ Pulled Pork &amp; Slaw<br/>Sliders on Hawaiian Bun<br/><b>or</b><br/>Chicken, Rice, &amp; Roasted<br/>Veggie Bowl<br/><i>Red onion, green &amp; yellow<br/>peppers, served over wild<br/>rice</i></p> <p><b>Sweet Potato Fries</b><br/><b>Broccoli Salad</b><br/><b>Mini Ice Cream or<br/>Mandarin Oranges</b></p> |
| <p><b>DINNER</b></p> <p>Lemon Pepper Tilapia<br/><b>or</b><br/>Baked Chicken w/<br/>Mushroom Sauce<br/><b>Steamed Broccoli</b><br/><b>Roasted Red Potatoes</b><br/><b>Strawberry Shortcake<br/>Bar</b></p>                                   | <p><b>DINNER</b></p> <p>Chicken a la King<br/><b>or</b><br/>Stuffed Pepper<br/><b>Mashed Potatoes</b><br/><b>Sweet Peas</b><br/><b>Chocolate Chip Cookies</b></p>   | <p><b>DINNER</b></p> <p>Glazed Ham<br/><b>or</b><br/>Chef Dinner Salad<br/><b>½ Baked Potato</b><br/><b>Cauliflower Au Gratin</b><br/><b>Blackberry Cobbler</b></p>  | <p><b>DINNER</b></p> <p>Orange Chicken<br/><b>or</b><br/>Open-face Turkey<br/>Sandwich<br/><b>Veggie Lo Mein</b><br/><b>Mixed Vegetables</b><br/><b>Fresh Baked Cookies</b></p>                   | <p><b>DINNER</b></p> <p>Meatloaf<br/><b>or</b><br/>Crispy Fish Po Boy<br/>Sandwich<br/><b>Mashed Potatoes</b><br/><b>Brussels Sprouts</b><br/><b>Tapioca Pudding or Fruit<br/>Cup</b></p>                               | <p><b>DINNER</b></p> <p>Shepherd's Pie<br/><b>or</b><br/>Cheese Lasagna<br/><b>Beets</b><br/><b>Diced Pears</b></p>   | <p><b>DINNER</b></p> <p>Three Bean Chili<br/><b>or</b><br/>Deli Roast Beef Sandwich<br/><b>Super-sweet Corn</b><br/><b>Cornbread</b><br/><b>Churros</b></p>  |