



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1 10 Mass Channel 95 10 Wellness with Mark – CK 1 – Movie “Forgiven”-CK 8:20 Steelers vs Ravens <small>New Year’s Day</small></p>	<p>2 10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 January IQ and Monthly Gazette – CK 2:30 Famous January Birthdays – CK Medical Appointments</p>	<p>3 10 Tone It Up! – CK 1 Walmart / Pittsburgh Mills 1:30 NY Times Wordle - CK 2 Celebrating the 60s - CK</p>	<p>4 10 Music-n-Motion – CK 10-3 Beauty Salon 1:30 Prize Bingo! – DR 3 Happy Hour/Spaghetti and Marshmallow Challenge – CK Medical Appointments</p>	<p>5 10 Sit-n-Stretch – CK 1:30 Our Planet Episode 3 – Jungles of the World - CK 2 Food Committee – SP 3 Card Club -CK Medical Appointments</p>	<p>6 10 Communion – CK 10:45 Art with Anna – CK 1:30 Wheel of Fortune - CK 3 Shabbat Service – CK</p>	<p>7 10 Get Moving! – CK 1:30 Prize Bingo! – DR 3 – Show -n- Tell - CK Bring a Memento and Share Your Story!!</p>
<p>8 10 Mass Channel 95 10 Wellness with Mark – CK 1 Steelers vs Browns 1:30 Scenic Tour / North Hills</p>	<p>9 10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 Crafts with Renee – CK 2:30 Celebrating Elvis Presley - CK Medical Appointments</p>	<p>10 10 Tone It Up! – CK 1 Target Trip 1:30 NY Times Wordle – CK 2 The 60s Fads and Notable People - CK</p>	<p>11 10 Music-n-Motion – CK 10-3 Beauty Salon 1:30 Prize Bingo! – DR 3 Happy Hour – CK 3:30 NY Times Wordle – CK Medical Appointments</p>	<p>12 10 Sit-n-Stretch – CK 2 Birthday Celebration with Take 2 Trio – DR 3 Wacky Wordie & NY Times Wordle -CK Medical Appointments</p>	<p>13 10 Mass with Father Steve and Debra – CK 10:45 Art with Anna – CK 1:30 Our Planet Episode 4 – Coastal Seas - CK 3 Shabbat Service - CK</p>	<p>14 10 Get Moving! – CK 1:30 Prize Bingo! – DR 3 Smores Saturday – CK 3:30 NY Times Wordle - CK</p>
<p>15 10 Mass Channel 95 10 Wellness with Mark – CK 1:30 Our Planet Episode 5 – From Deserts to Grasslands - CK</p>	<p>16 10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 Memorial of a Great Man – CK Medical Appointments <small>Martin Luther King Jr. Day</small></p>	<p>17 9:30 Community Grocery Trip 10 Tone It Up! – CK 1:30 – Trip to Klavon’s 3 NY Times Wordle - CK 3:30 Music of the 60s - CK</p>	<p>18 10 Music-n-Motion – CK 10-3 Beauty Salon 1:30 Prize Bingo! – DR 3 Happy Hour and Music from the Heart – CK 3:30 NY Times Wordle - CK Medical Appointments</p>	<p>19 10 Sit-n-Stretch – CK 1:30 Tea Social – CK 3 NY Times Wordle – CK 3:30 Music of Dolly Parton – CK Medical Appointments</p>	<p>20 10 Communion – CK 10:45 Art with Anna – CK 1:30 Room Visits with Amanda and Molly – All Floors 3 Shabbat Service - CK</p>	<p>21 10 Get Moving! – CK 1:30 Prize Bingo! – DR 3 Pictionary - CK 3:30 NY Times Wordle-CK</p>
<p>22 10 Mass Channel 95 10 Wellness with Mark – CK 1:30 Video: The Traditions of the Chinese New Year - CK <small>Chinese New Year (Year of the Rabbit)</small></p>	<p>23 10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 Deal or No Deal – CK Medical Appointments <small>Activity Professionals Week</small></p>	<p>24 10 Music with School for the Deaf - DR 2 Resident Council Meeting – DR 3 NY Times Wordle - CK</p>	<p>25 10 Music-n-Motion – CK 10-3 Beauty Salon 1:30 Prize Bingo! – DR 3 Happy Hour – CK 3:30 NY Times Wordle – CK Medical Appointments</p>	<p>26 10 Sit-n-Stretch – CK 1:30 NY Times Wordle – CK 2:30 Let’s Play Jeopardy! – CK Medical Appointments <small>Australia Day (observed)</small></p>	<p>27 10 Mass with Father Steve and Debra – CK 10:45 Art with Anna – CK 1:30 Holocaust Memorial Day - CK 3 Shabbat Service - CK</p>	<p>28 10 Get Moving! – CK 1:30 Prize Bingo! – DR 3 National Photo Bomb Picture Day - CK</p>
<p>29 10 Mass Channel 95 10 Wellness with Mark – CK 1:30 National Puzzle Day - CK</p>	<p>30 10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 Unusual Sports Around the World – CK Medical Appointments</p>	<p>31 9:30 Scenic Tour / Highland Park 10 Tone It Up! – CK 2 Drum Circle with Matt Price – DR 3:30 Name the Resident - CK</p>	<h1>January 2023</h1> <p>Schenley Gardens / Personal Care</p>			