



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1</p> <p>10 Mass Channel 95 10 Wellness with Mark – CK 1 – Movie “Forgiven”-CK 8:20 Steelers vs Ravens</p> <p><small>New Year’s Day</small></p>	<p>2</p> <p>10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 January IQ and Monthly Gazette – CK 2:30 Famous January Birthdays – CK</p> <p>Medical Appointments</p>	<p>3</p> <p>10 Tone It Up! – CK 1 Walmart / Pittsburgh Mills 1:30 NY Times Wordle - CK 2 Celebrating the 60s - CK</p>	<p>4</p> <p>10 Music-n-Motion – CK 10-3 Beauty Salon 1:30 Prize Bingo! – DR 3 Happy Hour/Spaghetti and Marshmallow Challenge – CK</p> <p>Medical Appointments</p>	<p>5</p> <p>10 Sit-n-Stretch – CK 1:30 Our Planet Episode 3 – Jungles of the World - CK 2 Food Committee – SP 3 Card Club -CK</p> <p>Medical Appointments</p>	<p>6</p> <p>10 Communion – CK 10:45 Art with Anna – CK 1:30 Wheel of Fortune - CK 3 Shabbat Service – CK</p>	<p>7</p> <p>10 Get Moving! – CK 1:30 Prize Bingo! – DR 3 – Show -n- Tell - CK Bring a Memento and Share Your Story!!</p>
<p>8</p> <p>10 Mass Channel 95 10 Wellness with Mark – CK 1 Steelers vs Browns 1:30 Scenic Tour / North Hills</p>	<p>9</p> <p>10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 Crafts with Renee – CK 2:30 Celebrating Elvis Presley - CK</p> <p>Medical Appointments</p>	<p>10</p> <p>10 Tone It Up! – CK 1 Target Trip 1:30 NY Times Wordle – CK 2 The 60s Fads and Notable People - CK</p>	<p>11</p> <p>10 Music-n-Motion – CK 10-3 Beauty Salon 1:30 Prize Bingo! – DR 3 Happy Hour – CK 3:30 NY Times Wordle – CK</p> <p>Medical Appointments</p>	<p>12</p> <p>10 Sit-n-Stretch – CK 2 Birthday Celebration with Take 2 Trio – DR 3 Wacky Wordie & NY Times Wordle -CK</p> <p>Medical Appointments</p>	<p>13</p> <p>10 Mass with Father Steve and Debra – CK 10:45 Art with Anna – CK 1:30 Our Planet Episode 4 – Coastal Seas - CK 3 Shabbat Service - CK</p>	<p>14</p> <p>10 Get Moving! – CK 1:30 Prize Bingo! – DR 3 Smores Saturday – CK 3:30 NY Times Wordle - CK</p>
<p>15</p> <p>10 Mass Channel 95 10 Wellness with Mark – CK 1:30 Our Planet Episode 5 – From Deserts to Grasslands - CK</p>	<p>16</p> <p>10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 Memorial of a Great Man – CK</p> <p>Medical Appointments</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>17</p> <p>9:30 Community Grocery Trip 10 Tone It Up! – CK 1:30 – Trip to Klavon’s 3 NY Times Wordle - CK 3:30 Music of the 60s - CK</p>	<p>18</p> <p>10 Music-n-Motion – CK 10-3 Beauty Salon 1:30 Prize Bingo! – DR 3 Happy Hour and Music from the Heart – CK 3:30 NY Times Wordle - CK</p> <p>Medical Appointments</p>	<p>19</p> <p>10 Sit-n-Stretch – CK 1:30 Tea Social – CK 3 NY Times Wordle – CK 3:30 Music of Dolly Parton – CK</p> <p>Medical Appointments</p>	<p>20</p> <p>10 Communion – CK 10:45 Art with Anna – CK 1:30 Room Visits with Amanda and Molly – All Floors 3 Shabbat Service - CK</p>	<p>21</p> <p>10 Get Moving! – CK 1:30 Prize Bingo! – DR 3 Pictionary - CK 3:30 NY Times Wordle-CK</p>
<p>22</p> <p>10 Mass Channel 95 10 Wellness with Mark – CK 1:30 Video: The Traditions of the Chinese New Year - CK</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p>23</p> <p>10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 Deal or No Deal – CK</p> <p>Medical Appointments</p> <p><small>Activity Professionals Week</small></p>	<p>24</p> <p>10 Music with School for the Deaf - DR 2 Resident Council Meeting – DR 3 NY Times Wordle - CK</p>	<p>25</p> <p>10 Music-n-Motion – CK 10-3 Beauty Salon 1:30 Prize Bingo! – DR 3 Happy Hour – CK 3:30 NY Times Wordle – CK</p> <p>Medical Appointments</p>	<p>26</p> <p>10 Sit-n-Stretch – CK 1:30 NY Times Wordle – CK 2:30 Let’s Play Jeopardy! – CK</p> <p>Medical Appointments</p> <p><small>Australia Day (observed)</small></p>	<p>27</p> <p>10 Mass with Father Steve and Debra – CK 10:45 Art with Anna – CK 1:30 Holocaust Memorial Day - CK 3 Shabbat Service - CK</p>	<p>28</p> <p>10 Get Moving! – CK 1:30 Prize Bingo! – DR 3 National Photo Bomb Picture Day - CK</p>
<p>29</p> <p>10 Mass Channel 95 10 Wellness with Mark – CK 1:30 National Puzzle Day - CK</p>	<p>30</p> <p>10 Chair Dancing – CK 1 NY Times Wordle – CK 1:30 Unusual Sports Around the World – CK</p> <p>Medical Appointments</p>	<p>31</p> <p>9:30 Scenic Tour / Highland Park 10 Tone It Up! – CK 2 Drum Circle with Matt Price – DR 3:30 Name the Resident - CK</p>	<h1>January 2023</h1> <p>Schenley Gardens / Personal Care</p>			